

**Howard County Local Health Improvement Coalition**  
Full Coalition Meeting  
January 24, 2019 8:30 am - 10:30 am  
Susquehanna Room, Howard County Health Department

## Minutes

### Members Present:

Jillian Anderson, HC General Hospital  
Candace Ball, HC Dept. of Community Resources and Services  
Courtney Barkley, HC Dept. of Community Resources and Services  
Laura Barnett, Howard County General Hospital  
Mary Ann Barry, Transition Howard County  
Renee Bitner, HC Health Department  
Yulanda Blackston, NAMI Howard County  
Shannon Blount, Howard County Public School System  
Bonnie Briker, Community Member  
Kathy Brooks-Jones, Columbia Association  
Tara Butler, Howard County General Hospital  
Maria Carunungan, HC Health Department  
Shanika Cooper, HC Health Department  
Alyse Cooper, HC Health Department  
Jenna Crawley, HC Dept. of Community Resources and Services  
Jasmine Drake, HC Health Department  
Joan Driessen, Association of Community Services  
Jessamine Duval, Girls on the Run of Central Maryland  
Brian England, BA Auto Care  
Olivia Farrow, St. Agnes Hospital  
Denise Giuliano, NAMI Howard County  
Pat Gussio, HealthCare Access Maryland  
Natalie Hall, HC Health Department  
Nikki Highsmith Vernick, Horizon Foundation  
Sharon Hobson, HC Health Department  
Loretta Hoepfner, Maryland Chapter, AAP  
Lois Jollenbeck, HC Health Department  
Joi Johnson-Weaver, Resolve MD: Direct Primary Care  
Cindy Kirk, Maryland Coalition of Families  
Elizabeth Kromm, Howard County General Hospital

Carla Lawson, Howard Community College  
Jennifer Lee, HC Dept. of Community Resources and Services  
Vanda Lerdboon, HC Health Department  
Sonya Lloyd, HC Health Department  
Mary McGraw, The Village in Howard  
Elizabeth Menachery, HC Health Department  
Phyllis Meyerson, Community Member  
Ted Meyerson, AARP Maryland  
Cindi Miller, Howard County General Hospital  
Chris Moore, HC Dept. of Community Resources and Services  
Tracy Novak, Howard County General Hospital  
Dewayne Oberlander, Columbia Medical Practice  
Felicia Pailen, HC Health Department  
Sheila Palmiotto, HC Health Department  
Pamela Parham, American Heart Association  
Andrea Raid, HC Health Department  
Tanisha Robinson, HC Dept. of Community Resources and Services  
Catherine Roogow, Columbia Rising  
Maura Rossman, HC Health Department  
Becca Scharf, HC Department of Fire and Rescue Services  
Nette Stokes, Just Living Advocacy  
Becky Sutula, Howard County Public School System  
Arlene Tate, Wellness Nutritional Consultant  
Lisa Terry, HC Dept. of Community Resources and Services  
Laura Torres, Howard County General Hospital  
Antigone Vickery, HC Health Department  
Barbara Wasserman, Community Member  
Matt Wilson, HC Health Department  
Linda Zumbun, HC Department of Social Services

### Guests Present:

Charmayne Anderson, Allergy and Asthma Network  
Irene Bademosi, Howard County Public School System

Menna Girma, Johns Hopkins University  
Ruth Gracias, Howard County General Hospital

# Howard County LHIC

Local Health Improvement Coalition

Howard County Health Department  
 8930 Stanford Blvd | Columbia, MD 21045  
 410.313.6204 - Voice/Relay  
 410.313.6108 - Fax  
 1.866.313.6300 - Toll Free  
[www.hclhic.org](http://www.hclhic.org)

Paula Blackwell, Central Maryland AHEC  
 Angela Cabellon, Howard County Government  
 Cheryl Calvert, PT-Crossroads  
 Katie Downes, Congruent Counseling

Alexandra Podolony, HC Health Department  
 Kristin Robb-McGrath, MD Department of Disabilities  
 John Way, The VA Way  
 Maricelma YoJin, UMUC Nursing Student

**Staff Present:**

Sharif Braxton, HCLHIC Program Coordinator  
 Reena Rambharat, HCLHIC Program Coordinator

Kelly Kesler, HCLHIC Program Director

Topic/Agenda	Discussion	Action/Follow-up
<b>Welcome and Introductions</b>	<p>Dr. Maura Rossman called the meeting to order at 8:39 a.m. and provided greetings on behalf of the HCLHIC Co-Chairs and staff.</p> <p>Angela Cabellon, Chief Innovation Officer &amp; Deputy Chief Administrative Officer for the Howard County Government offered greetings on behalf of County Executive Ball and his administration.</p>	
<b>Introductions, Approval of Minutes and Announcements</b>	<p>New members and guests were asked to introduce themselves.</p> <p>Kelly Kesler, HCLHIC Director, asked for any corrections to the agenda or minutes from the September 27, 2018 meeting. A motion to accept the minutes as written was made by Chris Moore and seconded by Loretta Hoepfner.</p> <p>Kelly Kesler highlighted announcements about upcoming programs and activities provided by the HCLHIC members on the announcements tables, and members were encouraged to provide event information for inclusion on the HCLHIC website.</p>	<p>Minutes from the previous meeting will be available one week prior to the next meeting date at <a href="http://www.hclhic.org/membership/meeting-portal">http://www.hclhic.org/membership/meeting-portal</a>.</p> <p>Group members are encouraged to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming events: <a href="http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/">http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/</a>. To request an event be added to the HCLHIC Community calendar contact <a href="mailto:lhic@howardcountymd.gov">lhic@howardcountymd.gov</a>.</p>
<b>Delegate’s Report/Action Group Report (s)/Ongoing Business</b>	<p>Shanika Cooper and Pat Gussio provided highlights for the 2019 Open Enrollment period and Adult Care Coordination activities.</p> <p>Kelly Kesler provided an update on the mid-point progress of the FY 18-20 HCLHIC</p>	<p>Presentations from this meeting may be found at: <a href="http://www.hclhic.org/membership/meeting-portal">http://www.hclhic.org/membership/meeting-portal</a>.</p> <p>Reports of progress toward work group activities can be found here:</p>

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	<p>Strategic Action Plan Objectives for</p> <ul style="list-style-type: none"> <li>a. Chronic Disease Self-Management</li> <li>b. Mental Health and Suicide</li> <li>c. Educational Activities for Spring 2019</li> </ul>	<p><a href="http://www.hclhic.org/priority-areas/action-plans/fy-2018-2020">http://www.hclhic.org/priority-areas/action-plans/fy-2018-2020</a></p>
<b>Presentation</b>	<p>Presentations were made by the following coalition members:</p> <p>A preview of the 2018 HCHAS Results and Community Health Needs was presented by:</p> <ul style="list-style-type: none"> <li>• Laura Barnett, Director, Strategic Planning Howard County General Hospital, A Member of Johns Hopkins Medicine</li> <li>• Felicia Pailen, Director – Health Policy, Planning and Communications Howard County Health Department</li> </ul> <p>Reducing Harm, Improving Health in Howard County was presented by:</p> <ul style="list-style-type: none"> <li>• Alexandra Poldony, Harm Reduction Program Administrator Howard County Health Department</li> </ul>	<p>HCLHIC Members are asked to provide thoughts or feedback on Howard County Community Health Needs and Assessment to Laura Barnett at (410) 720-8797 or via email to: <a href="mailto:lhand3@jhmi.edu">lhand3@jhmi.edu</a>; or, Felicia Pailen at (410) 313-6239 or via email to: <a href="mailto:fpailen@howardcountymd.gov">fpailen@howardcountymd.gov</a></p> <p>For more information on the Howard County Health Department’s Harm Reduction Strategies contact Alexandra Poldony at (410) 313-5902 or via email to: <a href="mailto:apoldony@howardcountymd.gov">apoldony@howardcountymd.gov</a></p>
<b>Wrap Up and Adjournment</b>	<p>The coalition meeting was adjourned at 10:15 a.m. so that Coalition members that have not been trained or would like to refresh their skills can participate in a FREE brief Overdose Prevention and Response Training.</p>	
<b>Coalition Member Training</b>	<p>Overdose Prevention and Response/Narcan Training was provided by Liesele Wood, Behavioral Health Outreach and Prevention Coordinator for the Howard County Health Department.</p> <p>Nine Coalition Members and 4 staff participated in the training.</p>	

**Future Meeting Dates:**

**FULL HCLHIC**

April 25, 2019 8:30 am - 10:30 am Potomac Room  
 June 27, 2019 8:30 am - 10:30 am Susquehanna Room, HCHD

## **WORK GROUP MEETINGS**

### ***Access to Care Work Group***

February 19, 2019: 9:00 – 10:30 am – Barton A & B

May 21, 2019: 9:00 – 10:30 am – Barton A & B

### ***Behavioral Health Work Group***

February 21, 2019: 9:00 – 10:30 am – Barton A & B

May 23, 2019: 9:00 – 10:30 am – Barton A & B

### ***Healthy Aging Work Group***

February 26, 2019: 2:30 – 4:00 pm – Barton A & B

May 28, 2019: 2:30 – 4:00 pm – Barton A & B

### ***Healthy Weight Work Group***

February 28, 2019: 9:00 – 10:30 am – Barton A & B

May 30, 2019: 9:00 – 10:30 am – Barton A & B

## **HCLHIC Action Group Meetings Dates/Times TBD as appropriate.**

- *Access to Care Action Groups:* Asthma; CDSMP; Dental
- *Behavioral Health Action Groups:* Mental Health First Aid/Suicide Intervention
- *Healthy Aging Action Groups:* Healthy Aging Integration; Falls Prevention;
- *Healthy Weight:* Nutrition
- *Other:* Communication; Continuing and Community Education

*Please note action groups will be formed and meet as needed and/or on a schedule determined by group. All HCLHIC members are welcome to participate. Updates on actions will be provided to Full Work Groups during quarterly meetings. If you have questions or are interested in participating in a specific action group, please contact [kkesler@howardcountymd.gov](mailto:kkesler@howardcountymd.gov)*

Respectfully submitted by  
Kelly Kesler, M.S., C.H.E.S.  
Director, Howard County Local Health Improvement Coalition